




Safety Data Sheet

Section 1: Identification of the substance/mixture	
Product Name:	Goodbye Ouch Manuka Balm Tube
Recommended Use	Rub on skin
Product description	Semi solid compound Cosmetic Preparation Concentration in use 100% Packaged in small consumer quantities
Company Details	Essential Touch
Address	PO BOX 941 Kerikeri 0245 New Zealand
Telephone Number	649-407-7746
Emergency Telephone Number	National Poison Information centre. Phone 0800-764766
Date of Preparation	4/3/24
Section 2: Hazards Identification	
Hazard Classification	All ingredients below threshold for HSNO hazard classification. The product in retail quantities is non hazardous but contains Hazardous Substance Ingredients below HS thresholds therefore is assigned to CGS Classification Category H320 Causes eye irritation Category 2 Classification Category H402 hazardous to the aquatic environment chronic Category 4 & hazardous to soil organisms (Bulk Quantities only) Precaution Statements: P305 "If in eyes rinse out" P273 "Avoid release to the environment" (in bulk quantities only)
Required identification Details	Skin: Non irritating, non-sensitising, non-photo-allergenic, non-phototoxic Eye: Minor irritation Toxicity: none
Section 3: Composition/information on ingredients	
Classification and type	All ingredients below threshold for HSNO hazard classification. Schedules 4, 6 Minimum Degrees of Hazard of Hazardous Substances (Minimum Degrees of Hazard) Notice 2017

Mixture	Ingredient	CAS No	% W/W
	Oils (mineral and/or vegetable)	As utilised	<81%
	Emollients (Oils and Waxes etc)		<18%
	Essential Oils		<4%
	Other ingredients determined not to be hazardous		
Section 4: First Aid Measure			
Description of necessary first aid measure	<p>General: : If you feel unwell seek medical attention immediately.</p> <p>Eyes: Flush with water until all traces of this material are gone and seek medical advice if irritation persists</p> <p>Skin: Not normally a risk due to non – irritating nature of product. If unintended contact occurs remove contaminated clothing and wash skin thoroughly</p> <p>Swallowed: Do not induce vomiting, observe carefully, do not give liquid to person showing signs of sleepiness, reduced awareness or becoming unconscious. Give water or milk to rinse out mouth. Give liquid slowly and as much as the casualty can comfortably drink. Seek medical advice or phone National Poison Information Centre 0800-764766</p> <p>Inhaled: If fumes or combustion products are inhaled, remove to fresh air, lay patient down and keep warm and rested. Other measures not usually required.</p>		
Workplace facilities	No special facilities required		
Required instructions	No exposure instructions required		
Notes for medical personal	Treat on the basis of symptoms. No long term effects are anticipated.		
Section 5: Fire-Fighting measures			
Type of hazard	Non-Flammable		
Fire hazard properties	<p>No fire hazard properties</p> <p>Expansion or decomposition on heating may lead to violent rupture of containers.</p> <p>Decomposes on heating and may produce toxic fumes of carbon monoxide (CO)</p> <p>May emit acrid smoke</p>		

Extinguishing media & methods	Use CO ₂ , Foam or Dry Chemical extinguisher.
Recommended Protective Clothing	Fire-fighters should wear appropriate protective equipment and self-contained breathing apparatus (SCBA) with a full face-piece operated in positive pressure mode.
Section 6: Accidental Release Measures	
Procedures to be covered	Non-toxic when spilled Contain spill. For major spills call fire services. Prevent spillage entering drains or waterways Contain with sand, earth of vermiculite and place in appropriate containers for disposal Wash down area, preventing any runoff going into drains or waterways If contamination of drains or waterways occurs, advice appropriate services and/or agencies
Section 7: Handling and Storage	
Subsection 1	
Handling Practices	Normal Handling Keep containers securely sealed Store in cool dry and well ventilated areas Do not allow freezing to occur Store away from incompatible materials and foodstuff containers
Subsection 2	
Store site requirements	Normal storage
Packaging	Must contain contents in normal use Suitable containers: Plastic, aluminium or stainless steel containers
Section 8: Exposure Control/Personal Protection	
Subsection 1: Workplace Exposure Guidelines (may also be in section 2)	
Workplace exposure standards	EXPOSURE LIMITS: Worksafe WES* None <i>*New Zealand workplace Exposure Standards.</i>
Application in the workplace	No special application
Exposure Standards outside the workplace	No special exposure standards
Subsection 2: Engineering Controls	

Hierarchy of controls measures	No special control measures
Exposure control measures	No special exposure control measure
Hazard indication	No indication required
Ventilation specification	Provide adequate ventilation in warehouse or closed storage areas
Subsection 3: Personal Protective Equipment (PPE)	
Detail specifications for equipment	For bulk handling only (none required for small quantities or consumer packaged quantities) Eye protection: Safety glasses with side shields Hands and feet: Protective Gloves (Vinyl, rubber or plastic) Body: Overalls. Barrier cream and eyewash unit 
Specific route of exposure	Eye or skin
General Hygiene	Not applicable
Section 9: Physical and Chemical Properties	
Specific Data for the product not the individual components	Physical state: Soft Balm Boiling point: Not available Melting Point: Not applicable Vapour pressure: Not available Specific Gravity: 0.870 to 0.920 Flash Point: Not applicable Lower Explosive Limit: Not Applicable Upper Explosive limit: Not applicable Solubility in water (g/L): Not soluble
Required Specifications	None
Further specifications	
Specific advice	Not applicable
Section 10: Stability and Reactivity	
Stability of the substance	Stable
Conditions to Avoid	None
Material to avoid	None
Hazardous decomposition Products	Decomposes on heating and may produce toxic fumes of carbon monoxide (CO)
Specific Data	None

Section 11: Toxicological Information	
Data and interpretation	Non-toxic. toxic No adverse health effects are expected if the product is handled in accordance with this safety data sheet and the product label
Summaries data	Not required
Format	Not required
Section 12: Eco-toxicity Information	
Potential Environmental Interactions	Not eco-toxic in normal use and normally applied Minor Eco-toxic risk in large unpackaged volumes soil and aquatic
Data Organisation	Aquatic and Soil in bulk quantities only. No effected species or data available
Environmental risk phrases	None
Section 13: Disposal Considerations	
Disposal information	No requirement for consumer/end users Bulk or quantity may be disposed of in accordance with normal commercial waste
Relevant information	No additional information
Section 14: Transport Information	
Relevant Information	None Required. This product is not classified as a Dangerous Good for transport in New Zealand under NZS5433:2012 Transport of Dangerous Goods on Land.
Other requirements	No special requirements
Section 15: Regulatory Information	
Regulatory Status	HSNO Regulations The product in retail quantities is non hazardous but contains Hazardous Substance ingredients below the HS thresholds therefore is assigned to CGS The assessed HSNO Approval Number for this product is the Cosmetic Products Group Standard HSR002552 Identification and labelling Regulations

	<ul style="list-style-type: none"> • Hazardous Substances (Classification) Notice 2017 • Hazardous Substances (Labelling) Notice 2017 including clause 31 alternative compliance for imported and manufactured goods for labelling <p>Storage and handling</p> <ul style="list-style-type: none"> • Hazardous Substances (Hazardous Property Controls) Notice 2017 <p>Packaging Regulations</p> <ul style="list-style-type: none"> • Hazardous Substances (Packaging) Notice 2017 including clause 14 alternative compliance for imported goods <p>Disposal Regulations</p> <ul style="list-style-type: none"> • Hazardous Substances (Disposal) Notice 2017 Emergency Management <p>Other Regulations:</p> <ul style="list-style-type: none"> • Hazardous Substances (Forms and Information) Notice 2017 • Hazardous Substances (Minimum Degrees of Hazard) Notice 2017 <p>Tracking:</p> <ul style="list-style-type: none"> • Not required under Hazardous Substances (Hazardous Property Controls) Notice 2017 <p>Certified Handlers:</p> <ul style="list-style-type: none"> • Not required under Health and Safety at Work (Hazardous Substances) Regulations 2017
Symbols:	None
Precautionary phrases:	P305 "If in eyes rinse out" P273 "Avoid release to the environment" (in bulk quantities only)
Safety phrases	None required
Section 16: Other Information	
Additional Information	Classification of the preparation and its individual components has drawn on our knowledge and review using available literature references. The SDS is a Hazard Communication tool and should be used to assist in Risk Assessment. Many factors determine whether the reported Hazards are Risks in the workplace or other settings. Risks

	<p>may be determined by reference to Exposures Scenarios. Scale of use, frequency of use and current or available engineering controls must be considered. This document is not intended to be an all inclusive document on world wide hazard communications regulations.</p>
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